Men's Health Block Party & Symposium Social Media Copy

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JOIN us and Build a Healthier Brotherhood! JC Come to the FREE Men's Health Block Party & Symposium on Saturday, September 23rd, an inspiring community event celebrating men's well-being and family health. Engage in interactive discussions on nutrition, fitness, stress management, and mental health. Hosted by BACHAC & partners, this inclusive gathering offers workshops, live entertainment, health screenings, and more. Take charge of your health journey and REGISTER TODAY! Don't miss out! <u>https://bit.ly/MHS\_BlockParty</u> #MensHealth #WellnessEvent #HealthierLifestyle

Calling all Men and Families! Separt of a transformative event at the Men's Health Block Party & Symposium: Building a Healthier Brotherhood on Saturday, September 23rd! Uncover the latest in men's healthcare, access relevant resources, and participate in FREE wellness screenings. Engage with healthcare experts, sample healthy food options from our Food Trucks, and enjoy FUN family activities! Prioritize your well-being and REGISTER NOW! https://bit.ly/MHS\_BlockParty #FamilyWellness #HealthyLiving #MensHealthSymposium

Step into a Healthier Future! Sembrace wellness at the Men's Health Block Party & Symposium on Saturday, September 23rd - an empowering FREE event by BACHAC and partners. Unlock the keys to a healthier life through informative sessions, confidential discussions, and engaging activities for you and the family! From mental health to preventive care, this symposium covers the top health issues facing men. Don't wait! Secure your spot today! <u>https://bit.ly/MHS\_BlockParty</u> #WellbeingEvent #EmpoweringMen #HealthierLifeChoices

Join us at the Men's Health Block Party & Symposium on Saturday, September 23rd for a day of empowerment and wellness! Take charge of your health and embrace a healthier lifestyle. Discover personal health insights through FREE lab testing, engage with medical experts, and unlock the keys to your well-being. Don't miss out on this incredible opportunity to thrive. REGISTER, gather your loved ones, and be there for the health fair that will transform your life. Together, let's make a powerful commitment to your health and wellness! https://bit.ly/MHS\_BlockParty #MensHealth #WellnessEvent #HealthierLifestyle

Get ready for a full day of health activities! Don't miss the FREE Men's Health Symposium on Saturday, September 23rd. Blood pressure checks, lab screenings, expert panels, and more! No one turned away, interpreters available. REGISTER NOW: <u>https://bit.ly/Mens\_Health\_SYMP</u> #HealthAwareness #MensWellBeing Exciting news! The Men's Health Symposium is open to men throughout the Bay Area! Join us on Sep 23rd for blood pressure checks, vaccinations, expert panels, and more. No tickets needed, register for FREE: <u>https://bit.ly/Mens\_Health\_SYMP</u> #MensHealth #CommunityEvent

Don't miss this empowering day for men's health! Join the FREE Men's Health Symposium on Saturday, September 23rd. Blood pressure checks, lab screenings, expert panels, and a gift card raffle for participants! Register today: <u>https://bit.ly/Mens\_Health\_SYMP</u> #HealthAwareness #MensWellnessEvent

## Twitter

JOIN us at the FREE Men's Health Block Party & Symposium! **#**Explore men's well-being through interactive discussions, workshops, and live entertainment. REGISTER now: <u>https://bit.ly/MHS\_BlockParty</u> #MensHealth #WellnessEvent

Discover a Healthier Brotherhood at the Men's Health Block Party! FREE health screenings, & family activities. REGISTER today: <u>https://bit.ly/MHS\_BlockParty</u> #HealthierLifestyle #MensHealth

Take charge of your well-being! JOIN the Men's Health Block Party & Symposium on Sep 23. Explore fitness, nutrition, and mental health. Don't miss out: <u>https://bit.ly/MHS\_BlockParty</u> #MensHealthEvent #HealthierLifestyle